2016-2017

Substance Abuse

Prevention & Policies Handbook

Cornish College of the Arts

09/2016
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Introduction

The information in the Substance Abuse Prevention and Policies Handbook is directed towards all matriculated students and all employees (including staff, faculty, and administration) at Cornish College of the Arts. The handbook was designed as a way to assist students and employees in making informed decisions about the use of alcohol and other drugs. This handbook includes information about campus and community resources, campus policies and procedures, and Washington State legal sanctions related to alcohol and other drugs.

Cornish College of the Arts recognizes each student, faculty and staff member to be adults and, as such, they are expected to follow the law and these policies. The College expects that individuals take personal responsibility and accountability for their choices and behavior. The College does not assume the responsibility to protect its students or employees from their own abuse of drugs or alcohol beyond providing educational programs and enforcing the laws and policies explained within this booklet.

The College views substance abuse as detracting from the health and productivity of the individual and college community. Thus the College is dedicated to providing programs, resources and education about alcohol and other drugs with regard to the prevention of abuse and treatment for addictions.

The policy and program explained in this guide have been adopted by Cornish College of the Arts in order to comply with the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989. Portions of this guide were reprinted and adapted with permission from “Substance Abuse Policies and Prevention Program,” published by the Wellness and Prevention Center at Seattle University, 1997.

Various offices on campus coordinated efforts to implement the Substance Abuse Prevention and Policies Handbook including: Human Resources, Provost, Student Life Wellness and Health Promotion Services, and Student Counseling. Initial comments or questions can be directed to Student Life.

Substance Abuse General Prevention

Wellness and Health Promotion Services at Cornish College of the Arts cares about the overall health and well being of the campus community. We invite you to take your personal health into consideration in support of reaching your academic and career goals. We are dedicated to providing programs, resources, and education about the following college health-related issues.

- Alcohol and Other Drugs
- Eating Disorders
- Fitness and Recreation
- General Health and Wellness
- HIV/AIDS
- Nutrition
- Sexual Health
- Stress Management
- Suicide Prevention
- Tobacco Cessation

Specifically, in regards to alcohol and other drugs, Wellness and Health Promotion Services is prepared to conduct:
• Prevention Education: To educate students about the effects of alcohol and other drugs through programs, workshops, meetings, and literature.

• Resource and Referral Services: To assist students in seeking appropriate avenues of assessment and treatment for substance abuse and to provide referrals to treatment centers and support groups designed to help a person stop abusing alcohol and/or other drugs.

• Policies and Procedures: To review and revise college policies and procedures regarding alcohol and other drugs to ensure fair and consistent implementation supportive of the mission of the college and of this program, as well as of federal, state and local guidelines.

• Evaluation and Research: To assess and evaluate these services, as well as campus norms, and make appropriate program changes to adapt to evolving needs. Assessment will take the form of yearly evaluations of student, faculty and staff attitudes and behaviors towards alcohol and other drugs.

Alcohol and Drug General Resources

On-Campus Student Resources

Student Life Wellness and Health Promotion Services:

This program at Cornish College of the Arts cares about the overall health and well being of the campus community. We invite you to take your personal health into consideration in support of reaching your academic and career goals. We are dedicated to providing programs, resources, and education about a variety of college health related issues.

Phone: 206.726.5003

Office of Student Life, Cornish Commons, 1st Floor

Student Counseling:

Student Counseling Services available at Cornish College of the Arts emphasizes brief and short-term therapy, crisis intervention and referral to appropriate community resources. The frequency of appointments, methods and duration of services are determined by the needs of each student.

Director Counseling Services Lori Koshork
Phone: 206.726.5027
Cornish Commons 1st Floor

Counselor
Jessica Thomson:
206.726.5105
Cornish Commons 1st Floor
OFF CAMPUS EMPLOYEE RESOURCES

Faculty and Staff who suspect they may have a drug or alcohol abuse problem are encouraged to seek assistance through their own efforts before the problem affects their work performance or employment status. The Employee Assistance Plan offers a referral service for alcohol and other drugs, as well as other needs. The Employee Assistance Plan is available 24 hours per day.

Fully Effective Employees
Phone: 206.628.0770  1.800.648.5834
Website: www.fee.eap.com

Emergency Numbers
24-Hour Crisis Line
206.461.3222
866.427.4747

Alcohol and Drug 24-Hour Help Line
206.722.3700
800.562.1240

Alcohol and Drug Teen Line
206.722.4222

24-Hour CPS & Sexual Assault
800.562.6025

King County Sexual Assault Relief Line
1.888.998.6423

King County Alcohol and Other Drug Prevention
206.205.0551

Local Self-Help Groups
Alanon/Alateen/Alatot
206.625.0000

Alcoholics Anonymous
206.587.2838

Cocaine Anonymous
425.244.1150

Marijuana Anonymous
206.548.9034

Narcotics Anonymous
206.790.8888

Tobacco Quit Line (Toll Free) – 5am-9pm
877.270.7867 or www.quitline.com

Websites
Alcoholics Anonymous
www.aa.org

Blood Alcohol Level Chart
www.depts.washington.edu/mcsurvey/bal/index.php

Community Resources Online
www2.ci.seattle.wa.us/crisisclinic

Drug/Alcohol and Treatment Resources
www.metrokc.gov/health/atodp/links.htm

King County Sexual Assault Relief Center
www.kcsarc.org
Alcohol and Drug Treatment Resources

These treatment centers have not been personally screened by Cornish College of the Arts and therefore no specific endorsement or recommendations can be made to any one program.

Greater Seattle
Alcohol & Drug 24-hr Help Line
206.722.3700
800.562.1240
Crisis Intervention/Referral Information

Addiction Recovery Services
Swedish Medical Center/Ballard
5300 Tallman Ave. NW
Seattle, WA 98107
206.781.6209
Detox Facility Only

Center for Human Services
3006 S. Oregon St.
Seattle, WA 98108
206.721.2353

Consejo Counseling and Referral
3808 South Angeline
Seattle, WA 98118
206.461.4880

A Positive Alternative
Women's Recovery & Men's Recovery Center
100 23rd Avenue South
4649 Sunnyside Ave North
Seattle, WA 98103
206.547.1955

Recovery Centers of King County
464 12th Ave Suite 300
Seattle, WA 98122
206.322.2970

Schick Shadel Hospital
12101 Ambaum Blvd. S.W.
Seattle, WA 98146
1.800.500.6395

Seattle Indian Health Board
611 12th Ave. South
Seattle, WA
206.324.9360
Therapeutic Health Services
1116 Summit
Seattle, WA 98101
206.323.0934
Veterans Admin Medical Center
Substance Use Disorders Program
1660 South Columbian Way
Seattle, WA 98108
206.762.1010

The Eastside

Eastside Recovery Center
1412 140th Place NE
Bellevue, WA 98005
(425) 747-7892
Outpatient

Lakeside Milan Recovery Center, Inc.
10322 NE 132nd Street
Kirkland, WA 98034
(425) 822-5095
Inpatient
South King County

Auburn Youth Resources
816 F Street SE
Auburn, WA 98002
(253) 939-2202
Lakeside Milan Recovery Center, Inc.
721 45th St. NE, Suite C
Auburn, WA 98002

North King County

Valley General Hospital
Alcoholism & Drug Recovery Center
14701 179th Ave SE
Monroe, WA 98272
(360) 794-7497
Inpatient/Outpatient

Everett Treatment Services
Substance Abuse Services
7207 Evergreen Way, Suite M
Everett, WA 98203
(425) 347-9070

Recovery Options Northwest
9714 3rd Ave. NE, Suite 103
Seattle, WA 98115
(206) 361-4707

Information about Commonly Abused Substances

Alcohol

How much is one drink?

A standard drink is:

- One 12-ounce bottle of beer* or wine cooler
- One 5-ounce glass of wine
- 1.5-ounce shot of liquor

*Different beers have different alcohol content. Malt liquor has higher alcohol content than most other brewed beverages.

Alcohol consumption causes a number of marked changes in behavior.

- For some people, alcohol is addictive. Tolerance can develop. Withdrawal symptoms may include nervousness, tremors, seizures and hallucinations.
- Long-term abuse can damage the liver, brain and other organs, and can result in severe mental and physical problems.
- Consuming too much alcohol at once can cause death through acute alcohol toxicity. “Drinking games” are especially dangerous as they can easily lead to overdoses.
- Alcohol impairs vision and motor coordination. Driving drunk is illegal and endangers yourself and others.
- If a woman drinks too often during pregnancy, her baby may develop Fetal Alcohol Syndrome (FAS).
- In the United States, it is illegal to purchase alcohol if you are less than 21 years of age.
- Mixing alcohol with over-the-counter medications, prescription medications, or illegal drugs is dangerous and can lead to medical emergencies. It can also render your prescription medication ineffective.

Risks of alcohol derived from Dance Safe: Promoting Health & Safety Within the Rave and Nightclub Community. For more information visit www.dancesafe.org.

**Psychoactive Drugs**

All psychoactive drugs (including alcohol) can produce negative health risks associated with long-term use. The chart on the following page is a list of some possible health risks associated with commonly abused substances.

### Health Risks Associated with Commonly Abused Substances

<table>
<thead>
<tr>
<th>Category</th>
<th>Drug</th>
<th>Possible Effects</th>
<th>Complications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol</td>
<td>Beer, wine, liquor</td>
<td>Muscle relaxation; impaired motor control, memory, and judgment; depression; intoxication</td>
<td>Severe impairment of all physical and mental functions; risk of choking or injury from falls or accidents; loss of consciousness; respiratory failure; coma; death due to anesthesia of brain centers controlling breathing and heart rate</td>
</tr>
<tr>
<td>Cannabis</td>
<td>Marijuana, hashish, heshish oil</td>
<td>Altered sense of time and visual perception; euphoria; memory interference; reduced coordination and reflex response capacity</td>
<td>Fatigue; reactions ranging from mild anxiety to panic and paranoia; confusion; disorientation; hallucinations and distortion of sense perceptions</td>
</tr>
<tr>
<td>Sedatives</td>
<td>Barbiturates, tranquilizers, methaqualone, other depressants</td>
<td>Drowsiness; slurred speech; disorientation; impaired motor coordination</td>
<td>Shallow respiration; weak and rapid pulse; coma; possible death from depression and central nervous system functions</td>
</tr>
<tr>
<td>Hallucinogens</td>
<td>LSD – acid, psilocybin, peyote, mescaline, many other natural and synthetic hallucinogens</td>
<td>Altered sense of time, space and visual perception; disorientation; hallucinations; nausea; dilated pupils; cross sensory perceptions; dizziness; increased blood pressure and heart rate; sweating and chills.</td>
<td>Impaired judgment leading to impulsive actions; paranoia; rapid mood swings; “bad trip” – fear, anxiety, paranoia, panic and hallucinations to match; exhaustion after use; depression; fears – often of death, of their mind not working right or of flashbacks</td>
</tr>
<tr>
<td>Category</td>
<td>Drug</td>
<td>Possible Effects</td>
<td>Complications</td>
</tr>
<tr>
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</tr>
<tr>
<td>Narcotics</td>
<td>Heroin, codeine, opium,</td>
<td>Euphoria; drowsiness; nausea; respiratory depression</td>
<td>Shallow and slow breathing; dizziness; vomiting;</td>
</tr>
<tr>
<td></td>
<td>morphine, percocan, fentanyl</td>
<td></td>
<td>sweating; convulsions; coma; possible death</td>
</tr>
<tr>
<td>Steroids</td>
<td>Anabolic steroids</td>
<td>Acne; aggressive behavior; anger management problems; cholesterol imbalance;</td>
<td>Aggressive behavior; psychosis; reduced fertility;</td>
</tr>
<tr>
<td></td>
<td></td>
<td>impotence; psychosis</td>
<td>stroke; liver damage; increased cancer risk</td>
</tr>
<tr>
<td>Stimulants</td>
<td>Cocaine, crack, speed,</td>
<td>increased alertness; pulse and blood pressure; euphoria; pupil dilation;</td>
<td>Increased agitation; irritability; dizziness;</td>
</tr>
<tr>
<td></td>
<td>amphetamines</td>
<td>insomnia; loss of appetite</td>
<td>confusion; fatigue; depression; seizure; convulsions; tactile or visual hallucinations; possible death</td>
</tr>
<tr>
<td>Nicotine</td>
<td>Cigarette, cigar, pipe,</td>
<td>Increased heart rate and blood pressure; irritation of the eye and nose and</td>
<td>Increased risk of heart attack, cardiovascular</td>
</tr>
<tr>
<td></td>
<td>smoking, chewing tobacco</td>
<td>respiratory tract; shortness of breath; decreased sensitivity of taste buds;</td>
<td>disease; mouth, throat and lung cancer; and other pulmonary disease</td>
</tr>
<tr>
<td></td>
<td></td>
<td>depression.</td>
<td></td>
</tr>
</tbody>
</table>

**Information about Moderate Drinking**

If you are making a choice to drink alcoholic beverages, there are some strategies to consider adopting that will lessen the chance of a negative consequence occurring. You are encouraged to:

- Plan ahead: Set a limit before you start drinking. Consider how you will get home and your plans for the next day. Be aware of your health and mood.
- Eat first: With food in your stomach, alcohol gets absorbed more slowly and you will keep from getting intoxicated as quickly. Avoid eating salty foods.
- Monitor: Pour your own drinks and measure them. Keep track of how much you drink.
- Slow down: Think about drinking for quality, not quantity. Slow down, sip your drink, and make it last awhile. Substitute or alternate non-alcoholic drinks. Space your drinks and have no more than one per hour.
- Avoid drinking games: Drinking games, pounding, and/or funneling your drink promotes getting drunk fast. Try to avoid the pressure to keep up with your friends.
- Self-Awareness: Learn more about how alcohol affects you. Be aware of cues that can influence you to drink more (i.e., people, places, emotions, thirst, stress).
- Educate: Brochures are available in the Office of Student Life and Student Counseling offices. Blood Alcohol Content (BAC) guides are available to help you understand how alcohol affects someone of your size and gender.
- Remember: You can choose to keep yourself safer by drinking responsibly.
Recognizing Abuse of Alcohol and Other Drugs

Listed below are some common signs of the abuse of alcohol or other drugs. Of course, these signs may develop from any number of causes, but enough of these signs occurring together should raise the suspicion of chemical dependency.

- Physical signs: Red, puffy, or glassy eyes; sudden weight change; coughing or chest pain; fatigue; loss of motor coordination (staggering, slurred speech); frequent intoxication or hangovers; physical injuries or complaints, unprotected sex resulting in pregnancy and sexually transmitted diseases (including HIV and AIDS).
- Behavioral signs: Constantly late; work not completed; worsening grades; frequently absent from school or work; secretiveness; fatigue; changes in sleep or eating habits; frequent job changes; missing money or possessions; dramatic change in personal hygiene; memory loss; unusual defensiveness; inappropriate laughter; hyperactivity or restlessness.
- Social signs: Unusual changes in peer group; loneliness/isolation; withdrawal from friends; poor social skills; low tolerance for frustration; verbal/physical abuse of others; disregard for family; legal problems (DUI, assault, damage to property).
- Personality changes: Severe mood swings; depressed feelings much of the time; irresponsible toward appointments and everyday tasks; decreased interest in activities; tendency toward dishonesty; anxiety/paranoia.

Substance abuse by friends and family members is also of concern to students. Patterns of risk-taking behaviors and dependency not only interfere in the lives of these abusers, but can also have a negative impact on students' academic work, emotional well being, and adjustment to college. Students, faculty and staff concerned with their own health or that of a loved one should consult a college counselor, a physician or one of the other resources listed previously for more information and assistance.

Cornish Alcohol and Drug Policies and Procedures

Cornish College of the Arts expresses its continued commitment:

- To ensure a campus environment in which students, faculty and staff can work, study, and relax in safety.
- To address the abuse of alcohol and other drugs and the academic, social, health, and legal consequences thereof.
- To reach out to campus, community, and state-level groups to develop and implement a comprehensive strategy for prevention.
- To ensure that the prevention of the abuse of alcohol and other drugs remains a priority of our campus life and health promotion.

When individuals misuse alcohol or other drugs, their performance, health, personal relationships and safety suffer. These individuals usually find their ability to study or work impaired. Absences from the classroom or workplace increase threefold. They tend toward emotional and financial instability, often
making poor decisions in their personal lives and relationships. These behaviors can cause them to lose their jobs, their academic career, their families and friends, even their lives.

I. Policies

A. General

1. Substance Abuse

a) The administration of Cornish College of the Arts desires to promote the health and well being of students and college personnel. The college is committed to an ongoing substance abuse prevention, education, and assistance program. Specific procedures relating to substance abuse prevention education, identification, constructive intervention, information, assistance, and referral shall be developed by the college, consistent with existing law and the best interests of all concerned.

b) These procedures shall be reviewed and published annually and updated when necessary to comply with current law and to reflect current medical knowledge and abuse prevention practices.

c) Cornish employees, while at work or when acting on behalf of Cornish College of the Arts, must be free from the effects of illicit drugs and alcohol. College policy prohibits employees from consuming alcohol on campus except for sponsored events. Intoxication is a violation of college policy.

d) Cornish students have the responsibility to know the risks associated with the use and abuse of alcohol and other drugs. Students are expected to assist the College in creating an environment that promotes health-enhancing attitudes and activities.

e) Cornish College of the Arts strictly forbids students from appearing in any public place distinctly under the influence of alcohol or other illicit drugs. These substances will not be allowed to interfere with college housing, co-curricular activities, campus safety, or classroom learning.

f) Cornish College of the Arts has the right to refer suspected unlawful drug or alcohol-related incidents to appropriate federal, state or local legal authorities.

2. Alcoholic Beverages

a) The use of alcoholic beverages on campus and at college events sponsored by the Board, alumni, faculty, staff or students is prohibited except as otherwise
set forth herein. (See Section II. Application for Consideration for the Use of Alcoholic Beverages)

3. Marijuana:

a) While I-502 decriminalized the possession and use of small quantities of marijuana for those 21 and over, it is important to note that under federal law, the possession and use of even small amounts of marijuana remain a federal crime. Though voters in the state passed Initiative I-502 allowing for possession of 1 ounce or less of marijuana for citizens 21 years or older, possessing and using marijuana on or in any College property will remain against the law.

b) As a recipient of federal funds, such as financial aid, Cornish College of the Arts must comply with the Safe & Drug Free Schools and Communities Act and the Drug-Free Workplace Act. Compliance requires maintaining a drug-free campus. If the College does not comply with federal laws and regulations on marijuana possession and use on campus, it risks losing federal funds.

c) Accordingly the passage of I-502 will not change current Cornish College of the Arts policies prohibiting production, distribution, possession or use of marijuana on College property or during College-sponsored activities. A violation of these policies may lead to sanctions under the student conduct code, the general code of conduct or the University rules applicable to faculty and staff.

d) If you are convicted of possessing or selling illegal drugs, including marijuana, during a period of enrollment for which you are receiving aid you could forfeit your financial aid eligibility indefinitely.

i) One conviction of possession of any illegal drug makes you ineligible to receive financial aid for one year from the conviction date.

ii) Two convictions make you ineligible for two years from the date of the second conviction.

iii) Three or more convictions make you ineligible indefinitely.

iv) One conviction of selling any illegal drug makes you ineligible to receive financial aid for two years from the conviction date. Two or more convictions make you ineligible indefinitely
4. Any violation of this policy will result in disciplinary action up to and including termination of employment or expulsion for students.

B. Drug/Alcohol Use

While at Cornish College of the Arts students, faculty and staff have the responsibility to engage in their jobs and educational studies in a safe, conscientious, and effective manner. In order to do this Cornish College of the Arts students, faculty and staff must be able to study and work in a drug and alcohol free environment and be free from the effects of drugs and alcohol.

Accordingly:

1. Drugs
   
a) The manufacture, sale, possession, distribution, dispensing or use by a student, faculty member or staff person at the college of a controlled substance or drug not medically authorized is strictly prohibited.

b) The use by a student, faculty member or staff person of a controlled substance or drug not medically authorized which affects their work or poses a hazard to the safety and welfare of the person, or other students, faculty, or staff is strictly prohibited.

2. Alcohol
   
a) Being under the influence of alcohol or engaging in the sale, transfer or distribution by any student, faculty member or staff person while on the college premises is strictly prohibited except at functions where a legal permit and advance consent has been obtained.

b) Violations of the Drug/Alcohol Use Policy may result in disciplinary action up to and including expulsion or termination as described in the Student Handbook or Staff Handbook or in applicable collective bargaining agreement. Such disciplinary action may include a requirement of successful completion of a licensed drug or alcohol rehabilitation program and suspension until such time as the college determines that the person is able to participate in their job or education in a safe and effective manner. In addition, the college has the right to refer violations of its Drug/Alcohol Use Policy for criminal prosecution.

c) Furthermore, each student, faculty member or staff person who observes or has knowledge of other student, faculty member or staff person in a condition which affects their ability to engage in their job or educational studies or poses a hazard to the safety and welfare of others are encouraged to report such condition to their supervisor, Department Chairperson, Director of the Office of Student Life, or the Director of Human Resources. All reports will be
investigated. To the extent possible, confidentiality will be protected, except to
the extent necessary to investigate the report.
d) Cornish College of the Arts takes its commitment to provide a drug and alcohol
free environment seriously. All students, faculty members or staff persons who
suspect they may have a drug or alcohol abuse problem are encouraged to seek
assistance through the Counseling Office or Human Resources Office at the
college.

To comply with the Federal Drug-Free Workplace Act of 1988, and the Drug-Free Schools and
Communities Act Amendments of 1989, the College's Human Resources Office and the Counseling Office
maintain a list of agencies which provide rehabilitative and counseling services.

A drug conviction may impact your federal financial aid eligibility

For purposes of this policy the following definitions apply:

1. "Drug" means any drug which has not been legally obtained, or is not being used for its intended
   purpose, or as prescribed, or is defined as a controlled substance by the Controlled Substance
   Act (21 U.S.C. & 812 et se q.) or section 2.1 of subpart "B" of Workplace Drug Testing Programs
   (53 FR 11980 April 11, 1988), which also includes marijuana.
2. "Under the Influence of Alcohol" means that the student, faculty member or staff person
   manifests symptoms which preclude performing their job or educational exercises in a safe and
   efficient manner or has a level of alcohol in the blood considered to be impaired under
   applicable state law. Such symptoms may include, but not be limited to, misbehavior, odor of
   alcohol and/or impairment of physical or mental ability.

II. Application for Consideration for the Use of Alcoholic Beverages

On very rare occasions, under extenuating circumstances, an event may warrant the consideration of
allowing alcohol to be served at a college event. In such cases the event and reason must first be
recommended for approval by the immediate supervisor. If the supervisor recommends approval, the
written application for consideration must then be completed by the appropriate member of the
President's Cabinet and presented for review and approval or denial by the President. The President's
decision is final.

If approved, the serving of alcohol must comply with the following:

1. Approval for alcoholic beverages on campus or at a college related event must be requested at
   least fourteen (14) working days prior to the date of use. Each program event will be limited to
   beer and wine service provided in conjunction with food.
2. The application for use of alcoholic beverages on campus must be completed by an authorized
   representative of the organization who accepts responsibility for compliance with the college
   and other governmental rules and regulations, where applicable, and agrees to be present at
   the specific function.
3. A banquet permit may be required.
4. The approving administrative official or designee must be available at functions where alcoholic beverages are served, and has the authority to make decisions that might arise concerning college policies or procedures.
5. The approving administrative official must ensure that an adequate number of administrators are present at the function to effectively monitor the proceedings, to ensure that college policies and procedures are followed, and to prevent guests from driving under the influence. All events where alcoholic beverages are served will be approved in accordance with Washington State Liquor Control Board guidelines which permit the consumption of alcoholic beverages at such events.
6. The approving college official shall designate the specific location for the distribution of alcoholic beverages at approved events. A driver’s license with picture or a Washington State identification card will be the only acceptable forms of identification to obtain access to the designated distribution locations.
7. A professional bartender will be present at designated events to handle the distribution of alcohol, and will be authorized and required, if necessary, to refuse service.
8. Alcoholic beverages will be served and consumed only in a designated area.
9. No person will be allowed more than one drink at a time.
10. All sales and use of alcoholic beverages will be covered by the Washington State Law, as interpreted by the Washington State Liquor Control Board.
11. Nonalcoholic beverages will be available to persons under legal age at all college events where alcoholic beverages are served.
12. The college reserves the right to require that security be provided at any function where alcoholic beverages are being served. No person who is under the influence of alcohol or dangerous substances, or who is disorderly in conduct, shall be allowed to serve, consume, or dispense alcoholic beverages.

**Washington State Legal Sanctions**

When making decisions about consuming alcohol, it is important to consider the following Washington State laws. The punishment for a person convicted of violating any of the state laws described below may include imprisonment and/or fines.

**Regarding Minor in Possession (MIP) and Use:**

- As prescribed by state law, no person under 21 may acquire, possess, or consume any alcoholic beverage. It is illegal to sell alcohol without a permit. It is also unlawful for any person to provide alcoholic beverages to someone under 21.
- Persons under 21 may not be in a public place or in a vehicle in public while exhibiting the effects of having consumed alcohol. A public place includes city streets and any buildings and grounds used for college purposes.
- Persons under 21 may not purchase or attempt to purchase alcohol.
- Possession of a false identification card is a misdemeanor.
• Alcohol may not be opened or consumed in a public place.

There are numerous local, state and federal statutes related to the manufacture, distribution, dispensation, possession and use of controlled substances*. Legal sanctions may be imposed for both felony and misdemeanor convictions. Legal sanctions range from fines to multi-year prison terms to loss of financial aid. More severe penalties are provided for persons convicted of providing controlled substances to minors and for repeat offenses.

• It is unlawful to manufacture, deliver, or possess an illicit drug. For minors, the possession of 40 grams or less of marijuana is a misdemeanor. A person 21 years or older may possess not more than 1 ounce of marijuana, or 16 ounces if infused in a solid (e.g. 16 oz of marijuana infused cookies). Possession of marijuana on the College campus or grounds is Prohibited.

• It is unlawful to possess or use drug paraphernalia for purposes relating to the manufacture, delivery, possession, or use of an illicit drug.

  * A partial list of drugs considered to be controlled substances in Washington state: Narcotics (opium and cocaine as well as all drugs extracted, derived, or synthesized from opium and cocaine, such as crack cocaine and heroin); marijuana; methamphetamine; barbiturates; and hallucinogenic substances (LSD, peyote, mescaline, psilocybin, PCP, THA, MDA, STP).

Regarding Driving:

Any minor in possession (alcohol or drug) offense will result in loss of your driver’s license for one year (1st offense) or for two years (2nd offense).

• Underage Driving Under the Influence (DUI) with a .02-.07 Blood Alcohol Content (BAC) has the following penalties: 1st Offense: 90-day license suspension, $1,000 fine, maximum 90 days in jail.
• 2nd Offense: License revoked until age 21 or at least one year, $1,000 fine, maximum 90 days in jail.

Any age Driving Under the Influence (DUI) with a BAC of .08 or higher has the following penalties:

• 1st Offense: 90-day license suspension, $8,125 fine, one day jail or 15 day electronic home monitoring, possible ignition interlock.
• 2nd Offense: License revoked for minimum of two years, $8,125 fine, minimum 30 days in jail and 60 days electronic home monitoring, possible five year ignition interlock.