**MODEL PROGRAM**

The Dance Department recommends that students plan their programs of study around the following sequence. The curriculum presented below follows a generalized model, but each student’s program will be individualized based on placement testing, transfer credits and individual progress as the student advances.

In the Technique Electives area, 4 credits must be fulfilled through the following courses: African Dance, Pointe, Jazz, Hip Hop, Tap, Modern Partnering, Ballet Partnering, Male Technique, Yoga, Spanish Dance, Somatic Techniques, World Dance and Special Techniques.

In the Performance area, 4 credits must be fulfilled through the following courses: Cornish Dance Theater, New Moves Choreography/Performance and Senior Project Rehearsal/Performance.

Graduates of the Dance Department at Cornish College of the Arts are expected to achieve the following learning outcomes:

- Proficient dance technique that integrates physical mastery, somatic awareness, conceptual understanding, emotional investment and musicality.
- Broad and stylistically versatile performance skills that are adaptable to diverse artistic endeavors, including intentional clarity, emotional engagement, physical investment and technical specificity.
- Ability to make compositional choices by integrating craft with clear artistic vision and creative investigation.
- Broad applicable knowledge of the practices, theories, histories and pedagogies of dance.
- Knowledge of the body, understanding of personal physical facility and strategies for self-care.
- Knowledge of technical theater, concert production and professional administrative practices.
- A personal aesthetic direction shaped by individual interests and passions, knowledge of professional options and realistic self-assessment.
- Capacity to form and articulate ideas and opinions, verbally and in writing, through analysis, reflection and synthesis.

**FIRST YEAR**

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**SECOND YEAR**

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**THIRD YEAR**

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- Maturation developed through reflection, self-directed learning and synthesis of diverse areas of knowledge, fostering responsibility, accountability and a sense of self.

**FOURTH YEAR**

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<td><strong>15</strong></td>
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</tbody>
</table>

* Either DA 131 Lighting Design for Dance or DA 132 Technical Production for Dance fulfill the requirement for 2 credits of dance production. Students may take both courses, applying the additional 2 credits either to Dance Electives or College Electives.

† Advanced Dance Studies: DA 352 Advanced Choreography, DA 354 Advanced Improvisation, DA 482 Teaching Creative Movement, or an additional semester of Ballet or Modern Technique.
ACCELERATED DEGREE PROGRAM

The Dance Department’s Accelerated Degree Program offers select students the opportunity to complete their BFA in Dance in three years with some summer study. Qualified students are invited to apply to the program following completion of their department audit and application. Qualification requirements include technical proficiency, a minimum high school GPA of 3.3 and a high level of commitment, motivation and maturity.

| Dance | 91 |
| Humanities & Sciences | 30 |
| College Electives | 6 |
| Total Credits for a BFA Degree in Dance | 127 |

Students accepted into the Accelerated Dance Program are awarded 6 credits of Technique via Credit By Exam process.

FIRST YEAR | FALL | SPRING
---|---|---
Ballet | 3 | 3
Modern Dance | 3 | 3
DA 115–116 Movement Foundations | 1 | 1
DA 150 Creative Foundations | 1 | –
DA 152 Compositional Practices | – | 2
DA 131 Lighting for Dance or DA 132 Technical Production for Dance* | 2 | –
DA Technique Electives | 2 | –
DA Technique Electives or Performance | – | 1
College Electives | – | 2
H&S Integrated Studies | 6 | 6
Total Credits | 18 | 18

SUMMER #1 | FALL | SPRING
---|---|---
H&S Course Work | 3 | –
H&S Course Work | 3 | –
Total Credits | 6 | –

Note: It is recommended that the student completes these credits the summer prior to enrolling at Cornish.

SECOND YEAR | FALL | SPRING
---|---|---
DA Ballet | 3 | 3
DA Modern | 3 | 3
DA 133 Rhythmic Fundamentals | 2 | –
DA 134 Listening to Music | – | 2
DA 205-206 Dance History | 3 | 3
DA 219 Human Musculoskeletal Anatomy** | 3 | –
DA 220 Kinesiology | – | 2
DA 251 Compositional Practices 2 | 2 | –
DA 252 Movement Analysis | – | 2
Technique Electives or Performance | 2 | –
H&S Course Work | – | 3
Total Credits | 18 | 18

SUMMER #2 | FALL | SPRING
---|---|---
Dance Electives | 4 | –
DA 351 Compositional Practices 3 | 2 | –
DA Technique Electives or Performance | 1 | –
Total Credits | 7 | –

Note: Course work transferred in through pre-approved accredited summer dance intensive.

THIRD YEAR | FALL | SPRING
---|---|---
DA Ballet | 3 | 3
DA Modern | 3 | 3
DA Advance Dance Studies*** | – | 3
DA Technique Electives or Performance | 2 | –
DA 435-436 Contemporary Issues in Dance | 2 | 2
DA 467 Senior Project | – | 3
DA 481 Teaching Methods | 2 | –
College Electives | – | 4
H&S Course Work | 3 | –
H&S Course Work | 3 | –
Total Credits | 18 | 18

* Either DA 131 Lighting Design for Dance or DA 132 Technical Production for Dance fulfill the requirement for 2 credits of dance production. Students may take both courses, applying the additional 2 credits either to Dance Electives or College Electives.

** DA 219 Human Musculoskeletal Anatomy satisfies the H&S Science requirement.

*** Advanced Dance Studies: DA 352 Advanced Choreography, DA 354 Advanced Improvisation, DA 482 Teaching Creative Movement, or an additional semester of Ballet or Modern Technique.

PILATES MAT TEACHER CERTIFICATION

Dance students may earn a Certificate in Teaching Pilates Matwork by completing a Pilates Mat Intensive course in addition to fulfilling specific Dance degree requirements. The Intensive is offered in alternate years.

The Pilates Mat Teacher Certificate will be issued upon completion of the Pilates Mat Intensive course, plus completion of DA115, DA116, DA219, DA220, DA481, DA227 / Introduction to Pilates Mat. 265 class hours total are required for certification.

COURSE DESCRIPTIONS

DA 101 & DA 102 Ballet
3 Credits, Fall/Spring
All ballet courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress.

DA 104 Ballet: Beginning for Non-Majors
2 Credits, Fall/Spring
Introduction to ballet technique for non-dance majors. Students learn the basic ballet vocabulary, sound postural alignment, and coordination. Open to all majors.

DA 111 & DA 112 Modern Dance
3 Credits, Fall/Spring
All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize sound alignment, deep muscular core support, efficient movement mechanics and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress.

(continued next page)
DA 114 Modern Dance: Beginning/Non-Majors  
2 Credits, Fall/Spring  
Beginning modern dance technique for non-dance majors, emphasizing alignment, postural support and movement through space. Open to all majors.

DA 115 & DA 116 Movement Foundations  
1 Credit, Fall  
Experiential anatomy, conditioning techniques, and the Feldenkrais Method are integrated to create a foundation of conceptual understanding and physical awareness that enhances students’ work in technique courses. The courses focus on dynamic stabilization and mobility as technical and artistic goals.

DA 125 Jazz Dance: Beginning/Non-Majors  
2 Credits, Fall/Spring  
Introduction to jazz dance technique for non-dance majors. Students learn basic jazz dance vocabulary, strength, and coordination. Open to all majors.

DA 126 Hip Hop Dance  
2 Credits, Fall/Spring  
Introduction to the Hip Hop dance technique, emphasizing movement vocabulary, rhythm, and qualitative accuracy. Previous dance experience required.

DA 128 African Dance: Beginning  
2 Credits, Spring  
Introduction to African Dance, focusing on the traditional roots of dance and drum to understand the language of movement and rhythms. Open to all majors.

DA 131 Lighting Design for Dance  
2 Credits, Fall  
Students learn the basic concepts and practices of dance lighting design and dance technical production. Class projects include designing lights for the New Moves Concert and designing a repertory dance plot. Students also serve as crew members for one department production.

DA 132 Technical Production for Dance  
2 Credits, Spring  
Students learn the basic concepts and practices of dance lighting design and dance technical production. Students participate in a variety of crew positions for department productions, developing the broad technical skills required for planning and executing the technical needs of a dance production.

DA 133 Rhythmic Fundamentals  
2 Credits, Fall  
Basic music notation, analysis and drumming provide a foundation for understanding musical elements such as meter, rhythm, phrasing, and form. Students develop expanded listening skills, rhythmic awareness, and an understanding of musical forms as they relate to dance.

DA 134 Listening to Music  
2 Credits, Spring  
In-depth listening and musical analysis provide strategies for students to communicate ideas about music and dance. Specific musical terminology about a broad range of musical literature will be covered to increase listening awareness and enhance choreography.

DA 135 Creative Foundations  
1 Credit, Fall  
This course introduces students to composition and improvisation through movement, writing and discussion. Students develop a foundation of conceptual understanding and experience that facilitates deeper work in the creative process curriculum.

DA 150 Compositional Practices 1  
2 Credits, Spring  
This course introduces and develops improvisation as a process for exploring creative impulses and creating new movement material. Students learn to create seed phrases and are introduced to choreographic crafting devices.

DA 152 Composition & DA 152 Ballet: Intermediate  
3 Credits, Fall/Spring  
All ballet courses focus on anatomically sound technique with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as movement quality and expressive phrasing. Class assignment is based on previous experience and progress.

DA 201 Ballet & DA 202 Ballet: Intermediate  
3 Credits, Fall/Spring  
Beginning intermediate pointe work for the female dancer with emphasis on stability through correct alignment, strength, control and accuracy. Minimum two years of prior pointe training required.

DA 207 Pointe Technique & DA 208 Pointe Technique  
1 Credit, Fall/Spring  
Beginning intermediate pointe work for the female dancer with emphasis on stability through correct alignment, strength, control and accuracy. Minimum two years of prior pointe training required.

DA 209 Modern Dance & DA 210 Modern Dance  
3 Credits, Fall/Spring  
Beginning modern dance technique for non-dance majors, emphasizing alignment, postural support and movement through space. Open to all majors.

DA 219 Human Musculoskeletal Anatomy  
3 Credits, Fall  
Musculoskeletal anatomy and physiology of movement, emphasizing application to dance technique. The course emphasizes performance enhancement and injury prevention, providing students with tools for self-care and professional longevity. NOTE: This course will satisfy H&S Science requirements for Dance students. For non-Dance students, it can satisfy H&S Science or Elective requirements.

DA 220 Kinesiology  
2 Credits, Spring  
Strategies for performance enhancement and injury prevention that provide students with tools for self-care and professional longevity.

DA 221 Repertory  
1 Credit, Fall/Spring  
New or existing works taught from a broad range of repertoire in solo or group choreography. Strengthens technique and performance skills by exploring movement material in depth and developing an individual voice within the choreography.

DA 223 Vocal Performance for Dance  
1 Credit, Fall/Spring  
Students learn and practice singing, acting and public speaking for use in musical theater, contemporary dance performance and choreography, and teaching. Basic vocal and acting techniques are introduced and combined with movement through solo and group works. Includes preparation for vocal and acting auditions.
DANCE COURSE DESCRIPTIONS (continued)

DA 224 Tap: Introduction
1 Credit, Fall/Spring
Introduction to the rhythm tap dance technique, focusing on basic tap vocabulary and rhythm. Open to all majors.

DA 225 Jazz Dance: Intermediate
1 Credit, Fall/Spring
Intermediate level of Jazz Dance technique, emphasizing jazz vocabulary and style, rhythmic and dynamic phrasing.

DA 227 Special Techniques
2 Credits, Fall/Spring
Courses in world dance forms, martial arts, somatic movement techniques, and conditioning techniques offered on a rotating basis. Previous courses have included Pilates, Conditioning, Feldenkrais, Alexander, Skinner Releasing, Tai Chi, Salsa, Tango, and Balkan Folk Dance.

DA 229 Special Techniques
2 Credits, Fall/Spring
Dance technique courses in world dance forms, martial arts, somatic movement techniques, and conditioning techniques, offered on a rotating basis.

DA 230 Introduction to Screendance
2 Credits, Fall
Screendance, or Dance Cinema, is distinguished from other film genres by its emphasis on the craft and composition of movement in the framed image, and through the articulate and intentional use of the camera in relationship to movement and choreography. This course provides students with basic, hands-on experience preparing for, shooting and editing a dance film that reflects their vision and voice. Students learn the vocabulary and general concepts involved in camera and video equipment use, video editing and dance composition for film, and gain a perspective on current and historic filmmaking through analytic viewing of contemporary dance films.

DA 231 Digital Dance Directed Studies
2 Credits, Fall
Students explore and develop digital dance projects independently, receiving feedback and guidance on composition and technology from peers and the instructor. The course addresses elements of dance composition for film including line of focus, spatial composition and framing.

DA 232 Gyrotonic® Training 1 & DA 234 Gyrotonic® Training 2
1 Credit, Fall/Spring
Introduction in the Gyrotonic® exercise system, to enhance movement performance and prepare students to become Gyrotonic® trainers. The fall course is the equivalent of the first two stages of trainer preparation: private study and Progression 1. Instruction takes place off campus at a Gyrotonic® studio.

DA 235 Contact Improvisation
1 Credit, Spring
This course develops the fundamental physical and perceptual skills of contact improvisation: falling, rolling, giving and taking weight, moving efficiently in and out of the floor and communicating through touch. The course will provide warm-ups designed to facilitate suppleness, responsive bodies, exercises to impart and hone technical skills, and opportunities to integrate learning in open duet dancing.

DA 251 Compositional Practices 2
2 Credits, Fall
Students deepen their exploration of choreographic process and concept development, focusing on investigating solo material from diverse conceptual and structural sources. Students are introduced to musically derived forms and compositional elements of space, time and energy.

DA 252 Movement Analysis
2 Credits, Spring
This course addresses body articulation, expressive dynamics, spatiality, intention and style; and the implications of movement within artistic, social and cultural contexts. Students learn foundational theory, principles, vocabulary, and philosophy of Laban Movement Analysis through kinesthetic, written, and verbal experience.

DA 253 Contact Improvisation
1 Credit, Spring
Contemporary partnering techniques of lifting and receiving weight are explored through contact improvisation and other approaches.

DA 254 Improvisation Techniques
1 Credit, Spring
Practical work with ballet vocabulary traditionally required of a male ballet dancer.

DA 255 Modern Partnering
1 Credit, Fall/Spring
Intermediate/advanced pointe work for the female dancer, with emphasis on strength, speed, and control.

DA 259 & DA 261 Male Technique
1 Credit, Fall/Spring
All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, efficient movement mechanics, and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress.

DA 301 Ballet & DA 302 Ballet
3 Credits, Fall/Spring
All ballet courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, efficient movement mechanics, and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress.

DA 305 Modern Partnering
1 Credit, Spring
Contemporary partnering techniques of lifting and receiving weight are explored through contact improvisation and other approaches.

DA 306 Ballet Partnering Technique
1 Credit, Fall
Ballet partnering technique at intermediate/advanced level. Prerequisite for female students: intermediate level Pointe Technique. Prerequisite for male students: competence in Male Technique.

DA 307 & DA 308 Pointe Technique
1 Credit, Fall/Spring
Intermediate/advanced pointe work for the female dancer, with emphasis on strength, speed, and control.

DA 309 & DA 310 Male Technique
1 Credit, Fall/Spring
Practical work with ballet vocabulary traditionally required of a male ballet dancer.

DA 311 & DA 312 Modern Dance
3 Credits, Fall/Spring
All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize sound alignment, deep muscular core support, efficient movement mechanics, and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress.

DA 325 Jazz Dance: Advanced
1 Credit, Fall/Spring
Advanced level of jazz dance technique, emphasizing jazz vocabulary and style, rhythmic and dynamic phrasing.

DA 335 Writing About Dance
2 Credits, Fall/Spring
This seminar course will focus on developing the skills needed for writing about dance in multiple contexts.
genres including essays, subjective self-observations, objective analytical observations, research papers, and artistic statements. Students will spend time during and outside of class generating drafts targeted to specific audiences and for various purposes.

**DA 351 Compositional Practices 3**  
2 Credits, Fall  
Students explore choreographic craft, conceptual ideas and personal movement vocabulary to create fully developed dances with more sophisticated use of choreographic and improvisational elements. Rehearsal time outside of class meetings is required.  

**DA 352 Advanced Choreography**  
3 Credits, Fall/Spring  
Students employ sophisticated structural forms, conceptual ideas and personal movement vocabulary to deepen their choreographic development and expand their personal creative research in group choreography, site specific work, and interdisciplinary collaborations. Rehearsal time outside of class meetings is required.  
Fulfills Advanced Dance Studies requirement.

**DA 354 Advanced Improvisation**  
3 Credits, Fall/Spring  
Students deepen their creative research in the practice and performance of improvisation. The course models professional settings in which improvisation is the main modality for creation and performance, and includes the creation of scores and improvisational performance events. Possible projects include site specific work and interdisciplinary collaborations.  

**DA 361 & DA 362 Cornish Dance Theater**  
1-2 Credits, Fall/Spring  
Faculty and visiting professional choreographers select students to rehearse in a professional company atmosphere. The company presents two major seasons per year, featuring a broad range of repertoire. Credits assigned vary depending on casting.

**DA 393 Choreography/Performance: New Moves**  
1 Credit, Spring  
Participation in annual New Moves student choreography concert as choreographer and/or performer. Student choreographers are advised and critiqued by faculty.

**DA 394 Rehearsal/Performance Senior Project**  
1-2 Credits, Spring  
Participation in Dance BFA Concerts as a performer.

**DA 401 Ballet & DA 402 Ballet**  
3 Credits, Fall/Spring  
All ballet courses focus on anatomically sound technique with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as movement quality and expressive phrasing. Class assignment is based on previous experience and progress.

**DA 411 Modern Dance & DA 412 Modern Dance**  
3 Credits, Fall/Spring  
All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize sound alignment, deep muscular core support, efficient movement mechanics, and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress.

**DA 415 & DA 416 Dance Professional Practices**  
2 Credits, Fall/Spring  
Graduating seniors prepare for professional careers by researching career options and defining personal and artistic goals. Students learn to perform administrative tasks expected of dance professionals such as concert production, fundraising, production of resumes, and grant proposals.

**DA 467 Senior Project**  
3 Credits, Fall/Spring  
Advanced independent work in choreography, performance, production, teaching, aesthetic foundations, or other areas related to dance that culminates in a performance or significant project.

**DA 469 Dance Internship**  
1-3 Credits, Fall/Spring  
Participation in a professional dance setting as a performer, choreographer, teacher, arts administrator, or other dance-related position. For seniors only, with approval of department chair.

**DA 481 Teaching Methods**  
2 Credits, Fall/Spring  
A conceptual and practical exploration of approaches to teaching dance technique. Topics include learning styles, methods of feedback, and working with musicians. Focus will be on general class content and structure and the development of students’ personal teaching philosophy.

**DA 482 Teaching Creative Movement**  
3 Credits, Fall/Spring  
An overview and analysis of approaches and methods of teaching concept-based creative movement, providing students with a conceptual foundation for teaching and practical experience in the K-12 school system. Fulfills Advanced Dance Studies requirement. Offered alternating years.

**DA 496 Tutorial Study**  
2-3 Credits, Fall/Spring  
Tutorial study is a variable credit course defined as college-level complementary training which may include study, research, or other learning experience. Students may apply for tutorial study after meeting with their department chair and by submitting a Tutorial Study application to the Registrar. This course meets once a week for the full semester.

**DA 497 Group Study**  
1-3 Credit(s)  
Group Study is defined as project based study, research, or other learning experience, that is developed by student(s) or a department to augment existing curricula. Group study must be approved by the department and structured by clearly defined criteria and with learning outcomes. There is a five student minimum enrollment required for all group study courses with a maximum enrollment of nine students per course. Students may not enroll in more than one Group Study per semester.

**DA 498 Independent Study**  
1-4 Credit(s)  
Focuses on a special project of the student’s choice and design that is unavailable within the regular curriculum. Senior standing and permission from Department Chair required.
DANCE FACULTY

MOLLY SCOTT Interim Chair, Dance
MFA University of Colorado, Boulder
BA University of Oregon, Eugene

AMMA ANANG Adjunct Instructor
African Dance
MFA Mills College,
BA California State University at Chico

CORINNA BEFORT Adjunct Instructor
Introduction to Screendance, Dance Professional Practices
BFA Cornish College of the Arts

STEVE CASTEEL Adjunct Instructor
Ballet
MFA University of Arizona,
BFA Cornish College of the Arts

CARLA CORRADO Adjunct Instructor, Physical Therapist
Human Musculoskeletal Anatomy, Kinesiology, Movement Foundations
BSPT University of Washington,
BA University of Rochester

MEG FOX Adjunct Instructor
Lighting Design and Technical Production for Dance
MTS Seattle University,
BA The Evergreen State College

CAROLINE GOODELL Adjunct Instructor
Rhythmic Fundamentals, Listening to Music
BFA Cornish College of the Arts,
Certified Rosen Method Practitioner,
Washington State Certified Counselor,
Licensed Massage Practitioner

PATRICIA HON Professor
Ballet, Modern, Pointe
Rosella Hightower’s Centre de Danse Classique, France; Joffrey School, Martha Graham School of Contemporary Dance

JAMIE KARLOVICH Adjunct Instructor
Nonmajor Ballet
BFA Cornish College of the Arts

VIVIAN LITTLE Adjunct Instructor
Ballet
Pacific Northwest Ballet, San Francisco Ballet

TONYA LOCKYER Adjunct Instructor
Movement Analysis
MFA University of Washington,
BA University of Washington,
Certified Movement Analyst, Laban/Bartenieff Institute for Movement Studies

WADE MADSEN Professor
Compositional Practices, Advanced Choreography, Modern Dance
BA University of New Mexico

MARLO MARTIN Adjunct Instructor
Jazz Dance
BFA Western Michigan University

LODI MCCELLEN Professor
Modern Dance, Modern Partnering, Teaching Methods
MFA University of Washington
BA Mount Holyoke College

MICHELE MILLER Professor
Modern Dance, Modern Partnering, Teaching Methods, Digital Dance
BA Point Park College

JASON OHLBerg Visiting Faculty
Ballet, Men’s Technique, Ballet Partnering
MFA University of Washington,
BFA Cornish College of the Arts

FEVER ONE (Carter McGlasson)
Adjunct Instructor
Hip Hop Dance
B-Boy and DJ, Rock Steady Crew

BECCI PARSONS Adjunct Instructor
Movement Foundations
BA University of Washington,
Feldenkrais Guild Certification

PAULA PETERS Adjunct Instructor
Jazz Dance
MFA University of Washington,
BFA Cornish College of the Arts

ALIA SWERSKY Adjunct Instructor
Creative Foundations, Compositional Practices, Advanced Improvisation
BFA Cornish College of the Arts

DEBORAH WOLF Professor
Modern Dance, Compositional Practices
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