

## Dance Model Program

The Dance Department recommends that you plan your program of study around the following sequence. A dash indicates that the course is not recommended to be taken that semester.

In the Related Technique area, 4 credits must be fulfilled through the following courses:

African Dance, Pointe, Jazz, Hip Hop, Tap, Modern Partnering, Ballet Partnering, Male Technique, Yoga, Spanish Dance, Somatic Techniques, and World Dance.

In the Performance area, 4 credits must be fulfilled through the following courses: Cornish Dance Theater, New Moves Choreography/Performance, and Senior Project Rehearsal/Performance.

Dance	91
Humanities & Sciences	30
Arts Elective (outside the major)	6
Total Credits for a BFA Degree in Dance	127

First Year	fall	spring
Ballet	3	3
Modern Dance	3	3
DA 115-116 Movement Foundations	1	1
DA 150 Creative Foundations	1	–
DA 152 Composition/Improvisation	–	2
DA 131 Lighting Design for Dance or DA 132 Technical Production for Dance *	2	–
DA Related Technique or Performance	–	1
H&S Integrated Studies	6	6
Total Credits	16	16

Second Year	fall	spring
DA Ballet	3	3
DA Modern	3	3
DA 133 Rhythmic Fundamentals	2	–
DA 134 Listening to Music	–	2
DA 219-220 Kinesiology	3	2
DA 251 Choreography 1	2	–
DA 252 Movement Analysis	–	2
DA Related Technique and/or Performance	–	1
H&S Course Work	3	3
Total Credits	16	16

Third Year	fall	spring
DA Ballet	3	3
DA Modern	3	3
DA 205-206 Dance History	3	3
DA 351 Choreography 2	2	–
Advanced Dance Studies or H&S †	–	3
DA Related Technique and/or Performance	2	2
Arts Electives	2	2
Total Credits	15	16

Fourth Year	fall	spring
DA Ballet or Modern	3	3
DA 435-436 Contemporary Issues in Dance	2	2
DA 467 Senior Project	–	3
DA 481 Teaching Methods	2	–
Advanced Dance Studies or H&S †	3	–
Dance Electives	2	2
DA Related Technique and/or Performance	1	1
H&S Course Work	3	3
Art Electives	–	2
Total Credits	16	16

\* Either DA 131 Lighting Design for Dance or DA 132 Technical Production for Dance fulfill the requirement for 2 credits of dance production. Students may take both courses, applying the additional 2 credits either to Dance Electives or Arts Electives.

† Advanced Dance Studies: DA 352 Choreography 3, DA 482 Teaching Creative Movement, or an additional semester of Ballet or Modern Technique.

## Course Descriptions

The Schedule of Classes and course descriptions, including new course offerings, are regularly updated on the Cornish Website at [www.cornish.edu/academic-programs](http://www.cornish.edu/academic-programs).

### DA 101 & 102 / Ballet: Elementary

3 credits Fall/Spring

All ballet courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

### DA 104 / Ballet: Beginning for Non-Majors

2 credits

Introduction to ballet technique for non-dance majors. Students learn the basic ballet vocabulary, sound postural alignment, and coordination. Offered on a rotating basis. Open to all majors.

### DA 111 & 112 / Modern Dance: Elementary

3 credits Fall/Spring

All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize sound alignment, deep muscular core support, efficient movement mechanics and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

### DA 114 / Modern Dance:

#### Beginning/Non-Majors

2 credits

Beginning modern dance technique for non-dance majors, emphasizing alignment, postural support, and movement through space. Offered on a rotating basis. Open to all majors.

### DA 115 & 116 · Movement Foundations

1 credit Fall/Spring

Experiential anatomy, conditioning techniques, and the Feldenkrais Method are integrated to create a foundation of conceptual understanding and physical awareness that enhances students' work in technique courses. The courses focus on dynamic stabilization and mobility as technical and artistic goals. Open to DA majors only.

**DA 125 / Jazz Dance: Beginning/Non-Majors**

2 credits

Introduction to jazz dance technique for non-dance majors. Students learn basic jazz dance vocabulary, strength, and coordination. Offered on rotating basis. Open to all majors.

**DA 126 / Hip Hop Dance**

2 credits

Introduction to the Hip Hop dance technique, emphasizing movement vocabulary, rhythm, and qualitative accuracy. Previous dance experience required. Offered on a rotating basis. Open to all majors.

**DA 128 / African Dance: Beginning**

2 credits Spring

Introduction to African Dance, focusing on the traditional roots of dance and drum to understand the language of movement and rhythms. Open to all majors.

**DA 133 / Rhythmic Fundamentals**

2 credits

Basic music notation, analysis, and drumming provide a foundation for understanding musical elements such as meter, rhythm, phrasing, and form. Students develop expanded listening skills, rhythmic awareness, and an understanding of musical forms as they relate to dance.

**DA 134 / Listening to Music**

2 credits

In-depth listening and musical analysis provide strategies for students to communicate ideas about music and dance. Specific musical terminology about a broad range of musical literature will be covered to increase listening awareness and enhance choreography.

**DA 131 / Lighting Design for Dance**

2 credits Fall

Students learn the basic concepts and practices of dance lighting design and dance technical production. Class projects include designing lights for the New Moves Concert and designing a repertory dance plot. Students also serve as crew members for one department production. Open to all majors.

**DA 132 / Technical Production for Dance**

2 credits Spring

Students learn the basic concepts and practices of dance lighting design and dance technical production. Students participate in a variety of crew positions for department productions, developing the broad technical skills required for planning and executing the

technical needs of a dance production.

Open to all majors.

**DA 150 / Creative Foundations**

1 credit Fall

This course introduces students to choreography and improvisation, creating a foundation of conceptual understanding and experience that facilitates deeper work in the creative process curriculum. Open to non-majors with permission.

**DA 152 / Composition/Improvisation**

2 credits Spring

This course introduces and develops improvisation as a process for exploring creative impulses and creating new movement material. Students learn to create seed phrases and are introduced to choreographic crafting devices. Open to non-majors with permission. Prerequisite: DA 150.

**DA 200 / Yoga**

2 credits Fall/Spring

This class provides centering, breathing, and relaxation techniques. Open to all majors.

**DA 201 & 202 / Ballet: Intermediate**

3 credits Fall/Spring

All ballet courses focus on anatomically sound technique with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as movement quality and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

**DA 205 & 206 / Dance History**

3 credits Fall/Spring

A survey of the history of Western theatrical dance that provides an aesthetic context for contemporary work and a basis for critical analysis of dance as an art form. Students expand their perspectives and develop an appreciation of their dance heritage. Open to all majors.

**DA 207 & 208 / Pointe Technique**

1 credit Fall/Spring

Introductory pointe work for the female dancer, with emphasis on strength, speed, and control. Open to DA majors only.

**DA 211 & 212 / Modern Dance: Intermediate**

3 credits Fall/Spring

All modern courses focus on anatomically sound technique with respect for individual physical limitations. Courses emphasize sound

alignment, deep muscular core support, efficient movement mechanics, and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

**DA 219 & 220 / Kinesiology**

3 credits Fall/2 credits Spring

Musculoskeletal anatomy and physiology of movement, emphasizing application to dance technique. The courses emphasize performance enhancement and injury prevention, providing students with tools for self-care and professional longevity. Open to all majors.

*Note: DA 219 Kinesiology will satisfy*

*Humanities & Sciences Science requirements for Dance students. For non-Dance students, it will satisfy Arts Elective requirements or H&S Science or Elective requirements.*

**DA 221 / Repertory**

1 credit

New or existing works taught from a broad range of repertoire in solo or group choreography. Strengthens technique and performance skills by exploring movement material in depth and developing an individual voice within the choreography. Offered on a rotating basis. Open to DA majors only.

**DA 224 / Tap: Introduction**

1 credit

Introduction to the Tap Dance technique, focusing on basic tap vocabulary and rhythm. Offered on a rotating basis. Open to all majors.

**DA 225 / Jazz**

1 credit Fall

Intermediate level of Jazz Dance technique, emphasizing jazz vocabulary and style, rhythmic and dynamic phrasing. Open to DA majors only.

**DA 227 / Special Techniques**

1 credit Fall/Spring

Courses in world dance forms, martial arts, somatic movement techniques, and conditioning techniques offered on a rotating basis. Previous courses have included Pilates, Conditioning, Feldenkrais, Alexander, Skinner Releasing, Tai Chi, Salsa, Tango, and Balkan Folk Dance. Open to DA majors only.

**DA 251 / Choreography I**

2 credits Fall

Continued exploration of choreographic processes. Focus on use of seed phrases to create solo material, introduction of musically

derived choreographic forms, and work with compositional elements of space, time, and energy. Open to non-majors with permission. Prerequisite: DA 152

#### **DA 252 / Movement Analysis**

*2 credits Spring*

Study of Laban Movement Analysis to describe and explore dynamics, focus, spatial awareness, intention, and style. Open to all majors.

Prerequisite: DA 251

#### **DA 301 & 302 / Ballet: Advanced**

*3 credits Fall/Spring*

All ballet courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as movement quality and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

#### **DA 305 / Modern Partnering Technique**

*1 credit Spring*

Contemporary partnering techniques of lifting and receiving weight are explored through contact improvisation and other approaches. Open to DA majors only. Prerequisite: Intermediate-level ballet and/or modern technique

#### **DA 306 / Ballet Partnering Technique**

*1 credit Fall*

Ballet partnering technique at intermediate/advanced level. Open to DA majors only.

Prerequisite for female students: intermediate-level Pointe Technique. Prerequisite for male students: competence in Male Technique.

#### **DA 307 & 308 / Pointe Technique**

*1 credit Fall/Spring*

Intermediate/advanced pointe work for the female dancer, with emphasis on strength, speed, and control. Open to DA majors only.

#### **DA 309 & 310 / Male Technique**

*1 credits Fall/Spring*

Practical work with ballet vocabulary traditionally required of a male ballet dancer. Open to DA majors only.

#### **DA 311 & 312 / Modern Dance: Advanced**

*3 credits Fall/Spring*

All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize sound alignment, deep muscular core support, efficient movement mechanics, and use of

weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

#### **DA 321 / Spanish Dance**

*1 credit*

Concentrated study of Spanish dances. Offered on a rotating basis. Open to DA majors only.

#### **DA 325 / Jazz Dance: Advanced**

*1 credit Spring*

Advanced level of jazz dance technique, emphasizing jazz vocabulary and style, rhythmic and dynamic phrasing. Open to DA majors only. Prerequisite: advanced level in ballet and/or modern.

#### **DA 351 / Choreography 2**

*2 credits Fall*

Continued exploration and extension of the creative impulse oriented toward phrase work and improvisation as a tool for creating group dances. Open to DA majors only.

Prerequisite: DA 252

#### **DA 352 / Choreography 3**

*3 credits Spring*

Continued development of choreographic craft. Emphasis on creating fully-developed group pieces with more sophisticated use of choreographic elements and forms. Rehearsal time outside of class hours is required. Fulfills Advanced Dance Studies requirement. Open to DA majors only. Prerequisite: DA 351

#### **DA 361 & 362 / Cornish Dance Theater**

*1 credit Fall/Spring*

Faculty and visiting professional choreographers select students to rehearse in a professional company atmosphere. The company presents two major seasons per year, featuring a broad range of repertoire. Credits assigned vary depending on casting. Open to DA majors only.

#### **DA 363 & 364 / Cornish Dance Theater**

*2 credits Fall/Spring*

Faculty and visiting professional choreographers select students to rehearse in a professional company atmosphere. The company presents two major seasons per year, featuring a broad range of repertoire. Credits assigned vary depending on casting. Open to DA majors only.

#### **DA 365 & 366 / Cornish Dance Theater**

*3 credits Fall/Spring*

Faculty and visiting professional choreographers select students to rehearse in a professional company atmosphere. The company presents two major seasons per year, featuring a broad range of repertoire. Credits assigned vary depending on casting. Open to DA majors only.

#### **DA 393 / Choreography/Performance: New Moves**

*1 credit Spring*

Participation in annual New Moves student choreography concert as choreographer and/or performer. Student choreographers are advised and critiqued by faculty. Open to DA majors only.

#### **DA 394 / Rehearsal/Performance: Senior Projects**

*Variable credits Spring*

Participation in Dance BFA Concerts as a performer. May be taken for either 1 or 2 credits. Open to DA majors only.

#### **DA 396–399 / Independent Study**

*1–4 credits Fall/Spring*

Open to DA majors only.

#### **DA 401 & 402 / Ballet: Advanced**

*3 credits Fall/Spring*

All ballet courses focus on anatomically sound technique with respect for individual physical limitations. Courses emphasize knowledge of the classical vocabulary, sound alignment, deep muscular core support, and efficient movement mechanics, as well as movement quality and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

#### **DA 411 & 412 / Modern Dance: Advanced**

*3 credits Fall/Spring*

All modern courses focus on anatomically sound technique, with respect for individual physical limitations. Courses emphasize sound alignment, deep muscular core support, efficient movement mechanics, and use of weight, as well as qualitative and expressive phrasing. Class assignment is based on previous experience and progress. Open to non-majors by audition.

#### **DA 435 & 436 / Contemporary Issues in Dance**

*2 credits Fall/Spring*

Graduating seniors prepare for professional careers by researching career options and defining personal and artistic goals. Students

learn to perform administrative tasks expected of dance professionals, such as concert production, fundraising, production of resumes, and grant proposals. Open to DA majors only.

#### **DA 467 / Senior Project**

*3 credits Spring*

Advanced independent work in choreography, performance, production, teaching, aesthetic foundations, or other areas related to dance that culminates in a performance or significant project. Open to DA majors only.

#### **DA 469 / Dance Internship**

*Variable credits Fall/Spring*

Participation in a professional dance setting as a performer, choreographer, teacher, arts administrator, or other dance-related position. For seniors only, with approval of department chair. Internships can be taken for up to 3 credits. Open to DA majors only.

#### **DA 481 / Teaching Methods**

*2 credits Fall*

A conceptual and practical exploration of approaches to teaching dance technique. Topics include learning styles, methods of feedback, and working with musicians. Focus will be on general class content and structure and the development of students' personal teaching philosophy. Open to DA majors only.

#### **DA 482 / Teaching Creative Movement**

*3 credits Spring*

An overview and analysis of approaches and methods of teaching concept-based creative movement, providing students with a conceptual foundation for teaching and practical experience in the K-12 school system. Fulfills Advanced Dance Studies requirement. Offered alternating years. Open to DA majors only.

#### **DA 496–499 / Independent Study**

*1-4 credits Fall/Spring*

Open to DA majors only.

## **Dance Faculty**

**Kathryn “Kitty” Daniels**, *Department Chair*  
*Ballet, Contemporary Issues in Dance*  
MA · Lesley College  
BA · Goddard College

**Amma Anang**, *Adjunct Instructor*  
*African Dance*  
MFA · Mills College  
BA · California State University at Chico

**Byron Au Yong**, *Adjunct Instructor*  
*Rhythmic Fundamentals, Listening to Music*  
MFA · Tisch School of the Arts, NYU  
MA · UCLA  
BA/BM · University of Washington

**Steve Casteel**, *Visiting Faculty*  
*Ballet, Men’s Technique, Ballet Partnering*  
BFA · Cornish College of the Arts  
MFA · University of Arizona  
Houston Ballet

**Carla Corrado**, *Adjunct Instructor;*  
*Physical Therapist*  
*Conditioning, Kinesiology, Movement Foundations*  
BSPT · University of Washington  
BA · University of Rochester

**John Dixon**, *Adjunct Instructor*  
*Creative Foundations, Choreography*  
BA · University of Maryland  
MFA · University of Washington

**Christina McNeil**, *Visiting Faculty*  
*Jazz*  
BFA · Cornish College of the Arts

**Meg Fox**, *Adjunct Instructor*  
*Lighting Design and Technical Production*  
MTS · Seattle University  
BA · The Evergreen State College

**Patricia Hon**, *Professor*  
*Ballet, Modern, Pointe, Spanish*  
Rosella Hightower’s Centre de Danse  
Classique, France  
Joffrey School  
Martha Graham School of  
Contemporary Dance

**Shirley Jenkins**, *Adjunct Instructor*  
*Tap*  
BFA · University of Utah

**Vivian Little**, *Adjunct Instructor*  
*Ballet, Pointe*  
Pacific Northwest Ballet  
San Francisco Ballet

**Tonya Lockyer**, *Adjunct Instructor*  
*Movement Analysis*  
Certified Movement Analyst · Laban/Bartenieff  
Institute for Movement Studies  
Royal Winnipeg Ballet Professional  
Program, Canada  
School of the Toronto Dance Theatre, Canada  
Merce Cunningham Studios

**Tim Lynch**, *Adjunct Instructor*  
*Ballet*  
BFA · Cornish College of the Arts  
Pacific Northwest Ballet

**Wade Madsen**, *Professor*  
*Choreography, Modern Dance*  
BA · University of New Mexico

**Lodi McClellan**, *Associate Professor*  
*Ballet, Teaching Methods*  
MFA · University of Washington  
BA · Mount Holyoke College

**Michele Miller**, *Assistant Professor*  
*Modern Dance, Modern Partnering*  
BA · Point Park College

**Jason Ohlberg**, *Visiting Faculty*  
*Modern Dance*  
Hubbard Street Dance Chicago

**Becci Parsons**, *Adjunct Instructor*  
*Feldenkrais Technique, Movement Foundations*  
BA · University of Washington  
Feldenkrais Guild Certification

**Paula J. Peters**, *Adjunct Instructor*  
*Ballet*  
BFA · Cornish College of the Arts  
Spectrum Dance Theater

**Gerard Théorêt**, *Professor*  
*Ballet, Ballet Partnering, Male Technique*  
BFA · Cornish College of the Arts  
Teaching Diploma · Canadian College of Dance  
Acting Diploma · the Drama Studio of London  
Royal Winnipeg Ballet

**Deborah Wolf**, *Professor*  
*Choreography, Dance History, Modern Dance*  
BA · State University of New York/Brockport